# **Livermore Middle School Wrestling Bylaws 2024**

The Livermore Wrestling League is organized to promote middle school wrestling, help set up team matches and to support the Livermore Middle School Wrestling League tournament.

## **Article A: Membership**

1. Voting member – Each team that wrestles in the Livermore Wrestling League Tournament is a voting member on any voting issues for the following year. Each team has only one voting representative. For the season of 2024, voting members are William Mendenhall, East Avenue, Junction Avenue and Christensen Middle School.

#### **Article B: The Season**

1. The League tournament will be determined at the winter AD Meeting and by the school responsible for the sport. It will be the last competition of the season.

## **Article C: Meet**

- 1. The schedule for the meets will be created by the school responsible for the sport and handed out. (2024-William Mendenhall)
- 2. Each team will host at least 2 meets each season.
- 3. Each meet will have 2 league teams.
- 4. Meets are scheduled on Thursdays and should start at 4:30 PM. At least two mats (if needed) and two high school certified referees are required. Both mats should be ready by 3:30 PM so visiting schools can warm up properly.
- 5. It is up to the host of the meet to decide how to run the meet. Setting up matches beforehand or grouping the wrestlers together by weight/skill the night of are the most common. The host should do everything possible to make sure every wrestler receives one match. Two matches for every wrestler that wants two should be the goal of the meet. Weigh-ins are not necessary, but knowledge of the wrestler's weight is required.
- 7. CIF approved uniforms are required by all participants. Headgear is required.
- 6. The AD/School in charge is responsible for scheduling the referees for each meet.

## **Article E: Middle School Livermore League Wrestling Tournament**

- 1. The 2024 League Tournament will be hosted William Mendenhall Middle School.
- 2. CIF approved uniforms are required by all participants. Headgear is required.
- 3. The cost of the tournament (officials, medals, etc) will be split equally by the participating schools.

#### **Article F: Changes**

1. For any additions or changes to the by-laws, proposals have to be submitted at an AD meeting.